

Size of reablement service needed

Numbers of people

We have used the Department of Health (DoH) benchmarking information gathered from other local authorities using the population of older people in their area to calculate the number of older people that might become candidates for Reablement in York. The DoH judge that 2.1% of the population over 65 would be potential Reablement candidates.

In York this would equate to 693 customers per year.

Numbers of Reablement hours needed

Using the DoH formulae on deriving staffing hours (this takes an initial average package size and then adds a percentage reduction for each subsequent week in the service), it is estimated York will need a total reablement capacity of 3960 per week. In using the population over age 65 as a basis for calculating the size of Reablement, consideration needs to be made of York's unique position in relation to self-funders¹. There is a lack of concrete information about the size of this group of the population who do not access any social care services, however, ACE Commissioning estimate this to be around 20%. Using this figure it diminishes the number of face to hours required to 3160.

The table below shows the ratio of staff to the reablement population. It can be seen that York (and Bolton) are outliers in the numbers of hours they currently have available to customers for reablement

Local Authority	Staff Hours	Population over age 65	Number of potential customers using DoH 2.1% statistic.	Ratio staff hours to Reablement population
Blackpool	3000	27900	586	5.1
Leicester	3900	37800	793	4.9
Trafford	4522	44000	924	4.9
Bolton	1440	38900	816	1.76
Salford	4025	35100	737	5.5
Rochdale	3600	30000	630	5.7
York	1258	33000	693	1.81

Also it must be noted that experience in other Local Authorities² has shown a diminishment over time from the original prediction of hours required. For the purposes of sizing the number of hours required we have diminished this number by 29% to give a figure of 2249 hours.

It should be noted that the above figures relate to in-house service provision and include service non-contact time. An assumption of contact time of 45% has been used in the calculation.

The numbers of hours of face to face contact is not the same as the number of hours needed for a reablement service due to the non-contact time within delivery consequently 2249 hours at a contact time of 45% would equate to 1012 hours of face to face time.
